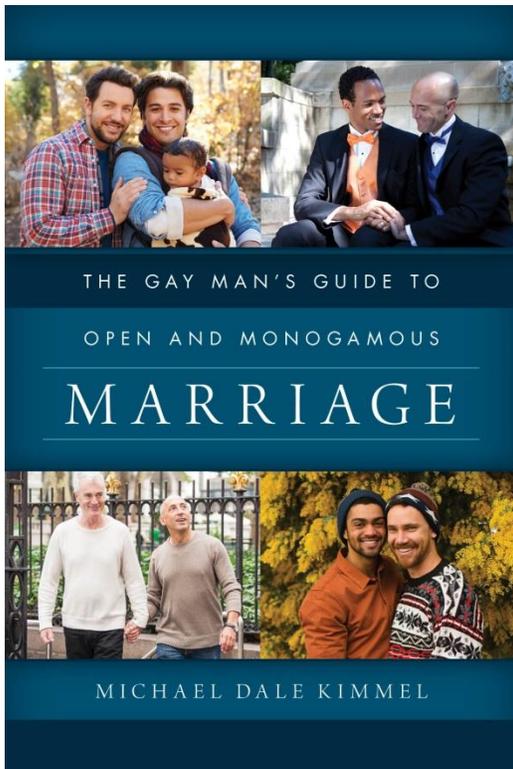


# ROWMAN & LITTLEFIELD

## *The Gay Man's Guide to Open and Monogamous Marriage*

By MICHAEL DALE KIMMEL



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### About the Book

Legal gay marriage is still a relatively new phenomenon. As gay men who are now able to get married, we find ourselves in a bit of a quandary: for many male couples, sex is a lot more important for us than it is for heterosexuals. Is an open relationship a better structure for gay marriage? This book offers an easy-to-follow, practical framework that they can use to help create, adjust and structure their marriages. Using helpful examples and first-hand quotes throughout, openly-gay psychotherapist Michael Dale Kimmel offers a roadmap for gay men who want to be married but have questions and concerns about monogamy and monotony.

### About the Author

Michael Dale Kimmel, CBT, MSW, LCSW is a psychotherapist in private practice with a long history of creating and facilitating innovative workshops for the gay community. Currently, he writes the "Life Beyond Therapy" column for: *Gay San Diego*, *the Erie Gay News*, *the Gayzette* and *The Letter*. He has been a consultant on gay-related issues for Southern California news programs over the past decade and, in recent years, has written for publications including: *LGBT Weekly*, *The Bottom Line*, *The Gay and Lesbian Times*, *Counselingmen.com*, *Gay News Network*, *Pink News*, *Positivearticles.com*, *Pulp*, *Rage*, *Sarah Lawrence College Magazine* and *San Diego Gay and Lesbian News*.

### Praise for the Book

"Engaging, candid and filled with insightful practical advice, Kimmel's *The Gay Man's Guide to Open and Monogamous Marriage* is a timely, compassionate invitation to challenge cultural norms and forge our own ways of loving."

— David Charles Manners, author of *Limitless Sky*

"*The Gay Man's Guide to Open and Monogamous Marriage* is a valuable look in to the unique challenges that gay male marriages face. Kimmel is refreshingly frank and most importantly, he understands and navigates the nuances of male-male relationships."

— Craig Laurance Gidney, Two-Time Lambda Literary Award Finalist

"For the gay man who's married, going to be married, or in a dating relationship, Michael Dale Kimmel gives an honest, insightful, and fun look at how to make sex, love, conflict, and competition work--both in and out of bed."

— Alex Sanchez, author of *Rainbow Boys*

"Finally, an intelligent, compassionate guide to help navigate the complex waters of sexuality in gay relationships! Filled with insights, secrets, and practical tools, this groundbreaking work will help you forge a path to love and intimacy that truly works for you."

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